

HEALTH CLASS SCHEDULE

Aug. 16-19	CHAPTER 1	Making Healthy Choices
Aug. 22-25	CHAPTER 3	Managing Stress Personality Project due: Aug. 25th
Aug. 25-31	CHAPTER 4	Mental Health/Suicide
Aug. 31-Sept. 2	CHAPTER 5	Family Relationships
Sept. 12-15	CHAPTER 6	Building Peer Relationships
Sept. 16-22	CHAPTER 7	Preventing Violence
Sept. 23-30	CHAPTER 8	NUTRITION PROJECT DUE: Sept. 30th
Oct. 3-7	CHAPTER 11	Movement & Coordination
Oct. 10-14	CHAPTER 13	Exercise/Lifelong
Oct. 17-21	CHAPTER 14	Personal Care
Oct. 24-27	CHAPTER 26	Preventing Injury
Oct. 28-Nov. 4	CHAPTER 12	Cardio/Respiratory Systems
Nov. 7-11	CHAPTER 16	Tobacco
Nov. 14-22	CHAPTER 17	Legal/Illegal Drugs
Nov. 29-Dec.2	CHAPTER 15	Alcohol
Dec. 5-9	CHAPTER 18	Reproduction/Heredity
Dec. 12-16	CHAPTER 19	Pregnancy/Birth Control
Jan. 3-6	CHAPTER 22	STD's/Aids
Jan. 13	EXAM	

Parent signature: _____ Date: _____

Student signature: _____ Date: _____